

Emerging Health Leaders

A Life of Letters



A Partial List of Letters....

- ◆ CF
- ◆ HC
- ◆ CCSA
- ◆ CoWL
- ◆ CAMH
- ◆ TriCan
- ◆ ITU
- ◆ CPA
- ◆ EICP
- ◆ HEAL
- ◆ CCPH21
- ◆ CHA
- ◆ QW-QHC

Leadership as DNA: Unique

e.g. Warren Bennis (of "Herding Cats"):

- ◆ Leaders are ubiquitous
- ◆ Leaders Act
- ◆ Leaders Fail
- ◆ Leaders are Agile
- ◆ Leaders aren't always popular

16 Lessons Learned

1. You don't need to plan to be a leader to become a leader.
2. Listen. Always. To everything and everyone.
3. Learn. Eyes and ears open. Always.
4. Respect. Assume best intentions.
5. Seek strengths in others, not weaknesses.
6. If you don't like someone, pretend you do.
7. Keep confidences; earn trust.
8. You can be confident and humble at the same time. Leadership from behind.

16 Lessons Learned (cont'd)

9. "Bad" leaders teach us as much as "good" ones.
10. Seek opportunity in misfortune. Be Pollyanna.
11. Be prepared to take advantage of good luck.
12. Do everything.
13. Be and do good. Become better.
14. Know where your line in the sand is.
15. Create personalized mantras: Max Flex. Train Hard, Race Easy. Swim like a duck. Death scale.
16. Find favourite quotes: "You miss 100% of the shots you don't take."

Stories Behind the Letters...

- ◆ CF: Canadian Forces
- ◆ CAMH: Centre for Addiction and Mental Health
- ◆ CPA: Canadian Physiotherapy Association
- ◆ EICP: Enhancing Interprofessional Collaboration in Primary Health Care
- ◆ HEAL: Health Action Lobby

HEAL: Health Action Lobby

- ◆ [Alzheimer Society of Canada](#)
- ◆ [Association of Canadian Academic Healthcare Organizations](#)
- ◆ [Association of Faculties of Medicine of Canada](#)
- ◆ [Canadian AIDS Society](#)
- ◆ [Canadian Association of Medical Radiation Technologists](#)
- ◆ [Canadian Association of Occupational Therapists](#)
- ◆ [Canadian Association of Optometrists](#)
- ◆ [Canadian Association of Social Workers](#)
- ◆ [Canadian Association of Speech Language Pathologists and Audiologists](#)
- ◆ [Canadian Chiropractic Association](#)
- ◆ [Canadian College of Health Service Executives](#)
- ◆ [Canadian Counselling Association](#)
- ◆ [Canadian Dental Hygienists Association](#)
- ◆ [Canadian Dermatology Association](#)
- ◆ [Canadian Healthcare Association](#)
- ◆ [Canadian Home Care Association](#)
- ◆ [Canadian Hospice Palliative Care Association](#)
- ◆ [Canadian Institute of Child Health](#)
- ◆ [Canadian Medical Association](#)
- ◆ [Canadian Mental Health Association](#)
- ◆ [Canadian Nurses Association](#)
- ◆ [Canadian Orthopaedic Association](#)
- ◆ [Canadian Pharmacists Association](#)
- ◆ [Canadian Physiotherapy Association](#)
- ◆ [Canadian Podiatric Medical Association](#)
- ◆ [Canadian Psychological Association](#)
- ◆ [Canadian Public Health Association](#)
- ◆ [Canadian Society for Medical Laboratory Science](#)
- ◆ [Canadian Society of Nutrition Management](#)
- ◆ [Canadian Society of Respiratory Therapists](#)
- ◆ [Catholic Health Association of Canada](#)
- ◆ [CNIB](#)
- ◆ [College of Family Physicians of Canada](#)
- ◆ [Dietitians of Canada](#)
- ◆ [National Council of Women of Canada](#)
- ◆ [Paramedic Association of Canada](#)
- ◆ [Practical Nurses of Canada](#)

HEAL's Mandate:

The Health Action Lobby (HEAL) is a coalition of national health and consumer associations and organizations dedicated to protecting and strengthening Canada's health care system. It represents more than half a million providers and consumers of health care. HEAL was formed in 1991 out of concern over the erosion of the federal government's role in supporting a national health care system.

HEAL's Guiding Principles

- ◆ Health and health care are valued by all Canadians.
- ◆ Health is broader than the provision of health care, embracing health promotion, disease prevention and the underlying determinants of health in the context of healthy public policy and healthy communities.
- ◆ Access to quality health care, irrespective of the individual's ability to pay, is a basic Canadian value based on the principle of social justice.
- ◆ Safeguarding the national health care system requires adherence to a common set of principles.
- ◆ Finite resources are available to preserve and protect the health of Canadians and to fund the national health insurance system.

How I Became Chair?!

- ◆ CPA Direction
- ◆ Give to Get
- ◆ Relationships
- ◆ Genuine Belief in Value in face of challenge
- ◆ Focus – Flexibility: Finance to HHR

Challenges?

- ◆ Numbers
- ◆ Differences
- ◆ Personalities
- ◆ Politics (federal; F/P/T)
- ◆ Resources
- ◆ Philosophies (large vs small)
- ◆ Mandate
- ◆ Etc.!

Value?

- ◆ Networking
- ◆ Shared Intelligence
- ◆ Leading Practices
- ◆ Critical Mass
- ◆ Pan-Cdn Framework for HHR
- ◆ Members' Members
- ◆ Health Canada
- ◆ ACHDHR
- ◆ E.G. Self-Sufficiency!

16 Lessons Learned: Reprise

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Final Words...

“'Tis the set of the sails not
the strength of the gales
that determines the way
we shall go.”