

EHL Edmonton



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Interviewing Workshop

Have you ever wondered why some people get offered every job they interview for? Or why you didn't receive a call back for a second interview? Are you wanting to hone your interview skills to help land you your dream job? Then this session is for you.

EHL Edmonton will be hosting a practical workshop on the development of interview skills.

This event will include a panel presentation from three professionals who work in the area of HR or management. You will also have the opportunity to experience speed interviewing and receive feedback on your interview responses from executive leaders in the health care industry.

Date: April 26, 2011

Time: 6:00pm to 8:00pm

Location: University of Alberta Campus, Telus Centre (112 Street and 87 Avenue), Room 236/238

Cost: \$7.00 per person

Please RSVP to ehledmonton@gmail.com by **April 19th, 2011.**

Space is limited, RSVP early to avoid disappointment!



For more information on this event, visit our [EHL Edmonton Facebook page.](#)

EHL Edmonton Is Growing!

Hello, EHL Edmonton members!

Thank you so much for your participation in our EHL Edmonton network over the past two and a half years. To date, EHL Edmonton has over 160 members and still continues to grow every month. Our ever expanding network and membership has outgrown our executive. We are looking to fill more roles for the EHL Edmonton Executive Committee. These positions will be of great value for helping to expand our network and will be filled on a voluntary basis. It looks great on your resume to volunteer, especially in a health related organization. Being a member of EHL also provides additional opportunities to network and connect with senior leaders in the field. These positions include:

Social Network Coordinator – this executive member will coordinate the organization's usage of social networking sites such as Facebook and LinkedIn. This position will work with all other executive members to increase awareness about news and events relating to EHL Edmonton, attract new participants and volunteers, and to gather valuable feedback from our visitors, constituents and others.

Event Coordinators (2) - This executive member will plan and coordinate EHL events in collaboration with other executive members. This person will be tasked with securing venues, receiving members' RSVPs, and communicating with guests. In collaboration with the co-chairs and the other executive members, the Event Coordinator will develop the schedule of events for EHL Edmonton and will participate in the selection of guests.

Membership Coordinator - This executive member will manage the membership list, will lead recruitment efforts, and set up an alumni list. The membership coordinator will play a key role in transitioning to the online membership system and will also manage membership attrition.

Members of the executive are expected to attend regular monthly meetings and EHL events (5 –8 per year), as well as to maintain regular communication with other members of the executive through different media, including email. Monthly time commitment will vary depending upon dates of EHL meetings and events but should not exceed 3-5 hours per week. Please note that this work will involve some evenings and weekends.

Please submit your letter of interest and current resume for any of the Executive Positions in writing to ehledmonton@gmail.com by May 15, 2010.

Professional Development - Serving on a Board

by Stacy Greening

I have had the pleasure of serving on the Boyle McCauley Health Centre (BMHC) Board since December of 2009. This volunteer position has been a great learning experience for me and has provided me with a wealth of opportunity and experiences.

How did you get to be on the board?

I had decided one day that I was ready for the challenge of serving on a board. I had heard a lot about boards and was interested in giving back to my global community in this way. There are many places where boards will advertise when they are looking for additional board members. One of the primary ways is through word of mouth so make sure to let your social and work circles know you are looking for an opportunity like this. For me, I started searching out opportunities for volunteering online. A good website to start with is: www.volunteer.ca this website has resources for those interested in volunteering.

Why did you choose Boyle McCauley Health Centre?

I started searching out opportunities but wanted to make sure that I wasn't just serving on a board to serve, but to find an organization that I believed in and that I could stand behind. It was also important that I found an organization where my skills and talents could be used. Since I've been working in social services and health care for the last 10 years Boyle McCauley seemed like the perfect fit. BMHC provides health services in the neighborhoods of to the communities of Boyle Street, McCauley, and Norwood in Edmonton. We are the only community owned and operated Health Centre in Edmonton. Apart from typical health services we also provide dental care, housing, social work, and other services on site as well as through satellite sites. Come check us out at www.bmhc.net

What is your role on the board?

I am a Director on the board of Directors, but the title does little to describe what I actually do. Boards typically have several working committees based on their strategic direction and key priorities. Each member of the board is encouraged to serve on one of these committees. I sit on the nomination committee. This committee is charged with the ongoing membership of the board. This work involves an annual survey of board members skill sets, annual orientation, and interviewing potential board members. The committee screens board applicants based on the skill sets we require and offers board positions as appropriate.

I also participate in strategic planning sessions for the board, fundraising efforts, and annual employee appreciation events. My favorite board event is our annual Dim Sum fundraiser- it's tons of fun!

What skills have you developed through serving on the board?

Boards can provide you with such a range of development opportunities. Some of the notable opportunities for me have been experience and training in: working with diverse populations, public speaking, networking, strategic planning, fund development, budgetary responsibility, and human resource management. These skills are so diverse and broadly applicable so will serve me well as I continue on in my health leadership career.

Do you have a favorite board moment?

BHMC just celebrated 30 years of service to the Edmonton Community this past fall. The board helped host a celebration of this milestone and we had many guests come from around the province as well as across the globe. The two founding sisters who were instrumental in the vision, mission, and start up of BMHC were present. The passion and zest for life from these two ladies (both in their 80s) was incredibly inspiring!

What would you say to someone thinking of volunteering?

Do it! Volunteering is a really rewarding experience and something I have been doing in one capacity or another for as long as I can remember. It's a win for the community or organization you volunteer with and a win for you in terms of building your skill set and resume. That being said, make sure you are aware of the time commitment and the expectation of the position you are taking on. You want to make sure it's a good fit for both you and the organization.



Boyle McCauley Health Centre (BMHC)



Financial Planning

Kim MacDonald
Investment Advisor

Should readers have a specific area related to investments that they would like Kim MacDonald to write about, we encourage requests. Please email Chelsea at ehledmonton@gmail.com.

The Impact of Marriage on Your Will

Many individuals are not aware that, except in Quebec, the act of marrying causes the automatic revocation (cancellation) of the marrying person's Will, if the Will is dated prior to date of marriage. An exception to the rule is where the Will expressly states that it is made in contemplation of the marriage. In that case, the Will is not revoked by the marriage, so long as the marriage occurs within a short period of time. This law was enacted over a century ago to ensure that property rights of spouses and the future children of the marriage would be protected, at a time when there was no other legislative protection of these family members.

In most of Canada there are now statutes protecting the interests of spouses and future children of the marriage, and the revocation of Wills by marriage law seems archaic. British Columbia, the first province to take the plunge, is on the verge of abolishing this law by enacting new legislation. The new statute, *Wills, Estates and Succession Act* is expected to come into force sometime in 2011, after new probate rules and registry procedures are finalized. In all other provinces and territories (except Quebec), laws which govern revocation of Wills by marriage prevail. This means that where a marrying person does not make a new Will after the date of marriage, there can be inadvertent devastating results to the existing estate plan. For example, if in your Will you intended to create testamentary trusts for a child (from a prior marriage) and/or other loved ones and you marry after the date of that Will, your Will would be revoked. In effect, the subsequent marriage operates to disinherit the child and other loved ones, in favour of the new spouse. All other testamentary planning (including income tax and probate tax planning) included in that Will would also be overturned by the marriage. When planning to marry, especially when you have loved ones to consider, it is prudent to discuss the implications of the upcoming marriage with an estate professional.

Kim Macdonald is an Investment Advisor with BMO Nesbitt Burns in Edmonton to learn more visit www.kimamacdonald.com
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A Day in the Life of EHL Member Allison Read



Allison has a Bachelor of Science in Mathematics from the University of Victoria and a Masters in Business Administration with a finance minor from McMaster University. Both of these subjects are two that she has rarely used since she left university. Allison has been in consulting for over 10 years. Allison is a manager at KPMG in the Performance & Technology Advisory practice where typical days do not exist. Everything is project based so the day depends on the current projects that are on the go. She has recently transferred out to Edmonton from Toronto. She has been with KPMG for close to 5 years and was with

BearingPoint/KPMG Consulting for over 5 years prior to KPMG. Allison worked at University Health Network in management engineering, finance and IT prior to entering the consulting field. Most of her projects in the past 10 years of consulting have been in the healthcare field. In Ontario, Allison managed several projects with a number of Community Care Access Centres (coordinators of home/community care and LTC placement) where she worked with the organizations to move towards a client-centered, customer-focused organization. Allison has done a number of projects over her consulting career including business case development, operational reviews, business process improvement, strategic planning, risk management and facilitation. She was part of the team that conducted a health needs assessment for a region in Ontario that identified the population health needs of the region, was involved in the development of Ontario's eHealth strategy and developed a roadmap, strategy for the implementation of IT into a physician office. Allison has worked on projects for pharma companies in the US which included identifying the health insurance needs as well as developing the processes, systems and communication required for compliance with healthcare laws that restrict the promotional dollars that pharma companies can give to physicians.

Allison joined EHL when she moved out to Edmonton from Toronto as she was aware of EHL in Toronto and thought it would be good place to meet new people, learn and refresh skills and learn about the healthcare environment in Alberta.

Outside of work Allison is a volunteer fitness instructor at the Don Wheaton YMCA where she teaches three classes a week. She has completed 16 marathons and look forward to training for several more. She is a member of Riverview Rotary in Edmonton and is a current board member for Stratford Summer Music (a 5-week music festival in her hometown of Stratford, Ontario). Allison enjoys running, cycling, hot yoga, traveling, cooking and learning about activities in Edmonton that she can do to keep me busy while she figures out her new city.

Community Events

April 14 - [Leadership Edmonton Workshop](#)

April 28 - [The Localvore's Dilemma](#)

April 30 - [Eat Alberta](#)

May 16 - [Pecha Kucha Night 10 Call for Presenters](#)

June 14 - [Indulgence Edmonton 2011](#)

Career Corner

JOBS OF THE MONTH:

[Director, Clinical Engagement Strategies & Initiatives - AHS](#)

[Performance Measures Information Coordinator - AH&W](#)



EHL Canada Update

* Remember to request membership to the new [EHL Edmonton Facebook page](#)

* The [National Health Leadership Conference](#) is June 6-7, 2011 in Whistler, BC. Registration is now open!

* Interested in executive coaching? Check out the [EHL Vancouver April newsletter](#) for more information on this opportunity.

Emerging Health Leader Scholarship

Sponsored by:



ARAMARK Healthcare, Emerging Health Leaders (EHL) and the Canadian College of Health Leaders are pleased to announce the recipient of the 2011 Emerging Health Leader Scholarship! Jennifer Duff, Operations Leader of Maternity Services at Providence Health Care in Vancouver is the recipient of this year's scholarship, which includes complimentary registration and paid travel and accommodations to participate at the upcoming CCHL Sweden Study Tour.

We look forward to sharing Jennifer's experiences and learnings with the College and EHL memberships and beyond. Stay tuned for a special report from Ms. Duff outlining the key learnings from the study tour, from an emerging leader's perspective. You can also catch Jennifer in person at the National Healthcare Leadership Conference, June 6-7, 2011. Jennifer will be participating at the "Excellence in Health Leadership Awards" poster presentation.

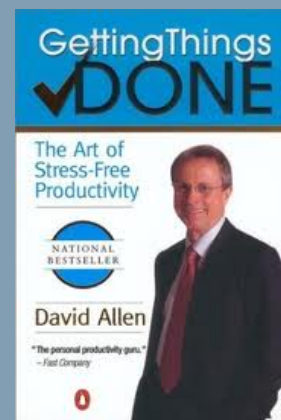
At Providence Health Care, Ms. Duff successfully led a redesign of the Maternity program using Lean methodology. The redesign also included a staffing model redesign involving the implementation and development of an education curriculum required to introduce Licensed Practical Nurses to the care team. Jennifer is a dedicated volunteer and an engaged member of the Canadian College of Health Leaders and Emerging Health Leaders. Ms. Duff is currently the Lead for Program Planning of the BC Lower Mainland Chapter and has previously been the Lead and Co-lead of the BC Lower Mainland Chapter's Mentorship Program.

We would also like to congratulate Joanne Shum of Fraser Health Authority and Jennifer Haggerty of Covenant Health, on receiving honourable mentions for their outstanding applications.

ARAMARK Healthcare is a national leader in Managed Services, providing Food, Facility and Clinical Technology Services to the Canadian healthcare system. ARAMARK is a committed member of the Canadian College of Health Leaders Founders' Circle, title sponsor of the National Healthcare Leadership Conference in Whistler, B.C. this June, and a strong proponent of nurturing the development of the next generation of healthcare leaders.

BOOK CLUB

Getting Things Done
by David Allen



In today's world, yesterday's methods just don't work. In "Getting Things Done," veteran coach and management consultant David Allen shares the breakthrough methods for stress-free performance that he has introduced to tens of thousands of people across the country. Allen's premise is simple: our productivity is directly proportional to our ability to relax. Only when our minds are clear and our thoughts are organized can we achieve effective productivity and unleash our creative potential. From core principles to proven tricks, "Getting Things Done" can transform the way you work, showing you how to pick up the pace without wearing yourself down.

Online & mobile organization program:
[Teux Deux](#)



CALENDAR OF UPCOMING EVENTS:

APRIL

Interview Workshop

JULY

Informal Event

Welcome New Members!

We would like to welcome **Scott Bailey & Lyndsey Robinson** to EHL Edmonton!

Want to become an EHL member? Good news...it's **FREE** to join! Just visit our website at www.emerginghealthleaders.ca, click on "Membership", fill out and email the membership profile form to ehledmonton@gmail.com.

Guest Columnist

Do you have knowledge, information, or expertise that you would like to share with others? We are looking for guest columnists to showcase in future editions of our newsletter. If you have an idea or would like to contribute as a guest columnist please let Chelsea know by e-mailing ehledmonton@gmail.com with your idea and you could be featured in the next edition of our Newsletter.

EHL Vision, Mission & Mandate

Vision

To develop emerging health system leaders across Canada.

Mission

To provide opportunities to support the development of emerging health leaders through the creation of knowledge exchange net-works, educational events, mentoring relationships, and informed health care and related discussions.

Mandate

Through networking and educational events, Emerging Health Leaders provides a forum for open, collaborative and constructive dialogue on timely national health issues. EHL targets new health leaders from a cross section of health employers in the public, private and not-for-profit sector.



Emerging Health Leaders, Edmonton

Co- Chairs: Catriona Gano & Stacy Greening
Communication Coordinator: Chelsea Rogerson & Jennifer Parsonage
Membership Coordinator: Chris Carvalho & Jennifer Parsonage

E-mail: ehledmonton@gmail.com