

# EHL Edmonton



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## Upcoming Event

Come kick off a new year with EHL Edmonton. Enjoy a delicious hot dog hoe down BBQ complemented with tips to great networking. There will be games and prizes. We will be networking rain or shine. This is a great opportunity to meet fellow EHL members and this year's EHL executive.

Date: September 15 2011

Where: Central Park Location (i.e. William Hawrelak Park or Emily Murphy Park) – watch for location in September newsletter

Time: 5:30 p.m. – 8:30 p.m.

Cost: \$7 – pay at event

Who: All EHL Members

Please RSVP by September 8, 2011 to:  
[EHLEdmEvents@gmail.com](mailto:EHLEdmEvents@gmail.com)



## A great ending to a great year...

Thank you to everyone who came out to the 2010-2011 year end informal event on July 22. Due to the weather, we made a last minute change from Lion's Park in St. Albert to The Pint just off Jasper Avenue. Good food and conversation were enjoyed by all.



## A Message from Your EHL Edmonton Co-Chairs

Hi EHL Members and welcome to another fantastic year for our Edmonton Node. If you are just joining the Edmonton node, welcome and if you've been around awhile, welcome back! The executive has been hard at work this summer planning another event-filled year.

Throughout last year we provided you, our members, the opportunity for feedback on Edmonton Node activities. The latest opportunity for feedback was our member survey that went out this summer. We want to thank all of you who responded to the survey and congrats to our prize winners- Pauline Tomlinson and Karen Carlson. The information that was provided was invaluable to our planning activities for this upcoming year. Below are a few highlights of what we heard and how we've responded.

- 1) You said you wanted us to expand the activities of EHL Edmonton and expand the executive. We have doubled the executive from 4 to 8 members. This will allow us to grow EHL Edmonton and explore exciting opportunities. Kailey has joined us this year to ensure our events run smoothly and we're able to expand our activities.
- 2) 60% of you said you would like to see a networking or social event so please check out our September event!! This is an opportunity to learn about and practice networking that you won't want to miss!
- 3) 40% of you asked for a mentorship event so you will be happy to note that we have acquired a mentorship stay tuned for the awesome mentoring events Steve has planned for you.
- 4) 85% of you have asked for skill development sessions. We are listening! We have plans to offer project management training. This will be similar to our facilitation training that was so popular last year.
- 5) Did you know that 96% of you read the newsletter and love it? You also provided us feedback on how we can improve on the newsletter so watch for some changes this year including- rotational sections (your favorite columns are going to rotate so you get a variety of topics without the bulk each month), contests, career advice from those further up the ladder, an event calendar, and more. Don't worry your favorites such as day in the life and financial tips will remain. We've also added more manpower to ensure sustainability of our newsletter- welcome Gavin!
- 6) We are developing a social media strategy for EHL Edmonton. Be sure to watch for Jennifer's updates- she has tons of passion for this area and we are so excited to see what she has in store for us!
- 7) We are also happy to announce that Chris and Chelsea have joined us for another year on the executive!! They are a big reason why we had such a great year last year.

These are just some of the things we have planned for our members this year. We are excited about the opportunities before us and hope that you will join us at our events. Please don't hesitate to contact us if you have ideas or would like to help out with any of the events- this is your EHL!

Sincerely,

Stacy Greening and Catriona Gano  
Your EHL Edmonton Co-chairs

## Meet Your 2011-2012 EHL Edmonton Executive



Left to Right: Jennifer Pougnet, Catriona Gano, Stacy Greening, Chelsea Soebbing, Gavin Lam, Chris Carvalho, and Steve Kovacic (missing: Kailey O'Neill)



**Stacy Greening** is currently the Director of Community & Rural Planning for AHS. In this role Stacy leads a team that assesses the needs of local communities across the province and works with operational leaders to address those needs. Stacy has a background in planning, research, evaluation and quality. She has been a part of EHL since 2008 and part of the executive since 2009.

**Catriona Gano** has been working in healthcare for over 10 years; first as a medical laboratory technologist, then as a quality consultant and currently as the Executive Associate for Rural Health Services in Covenant Health. Catriona is very passionate about quality in healthcare and is a certified Lean Black Belt. In addition to her role as co-chair for the Edmonton node of Emerging Health Leaders Catriona also volunteers on the Eldercare Board of Directors. When Catriona is not busy working on her bachelors in health administration she loves to read, travel and scrapbook.



**Chelsea Soebbing** has a background in Occupational Therapy, participated in SEARCH Canada in 2009 and works with the Stroke Program, Edmonton for AHS in best practice implementation and education. She loves to learn something new everyday and wants others to do the same. Along with volunteering as the communications coordinator for EHL Edmonton, she facilitates a course at the University of Alberta, loves to travel, knit, and blog.

**Jennifer Pougnet** has been an EHL member since 2008 and is excited about her new role as the social media coordinator on the EHL Executive for the Edmonton node. She has worked in a variety of areas within healthcare including health informatics on the implementation of the electronic medical record. Currently she is the Executive Associate in the Office of the Vice President of Infection Prevention & Control for Alberta Health Services. Jennifer has her Masters of Business Administration and is pursuing her Masters of Public Health with a focus on Health Policy development in the fall.



**Gavin Lam** has a Master's of Social Work degree specialization in Clinical Practice from the University of Calgary. As a current practicing Social Worker in a hospital he is excited to be involved in EHL and to meet people while appreciating the multi-disciplinary approach of professionals in healthcare. Gavin aims to support and give what people want in the EHL newsletter.

**Chris Carvalho** is Senior Project Manager with Med Access and is currently responsible for implementing Electronic Medical Records (EMRs) to various clinics across BC, Alberta, and Saskatchewan. Chris has been working in healthcare for 5 years and has spent most of his time in the consulting and project management area. Chris has been a member of EHL for 3 years and is in his 2<sup>nd</sup> term as a member of the executive team. He is very eager to work with such a skilled and motivated executive team and is excited for all of the opportunities that will be available to EHL members this year.



**Kailey O'Neill** is a graduate of the University of Guelph with an Honours Bachelor of Applied Science, Gerontology. She currently works as the Planning and Research Analyst for Alberta Continuing Care Association. As the events coordinator, she looks forward to meeting the emerging health leaders of Alberta through new educational and networking events.

**Steve Kovacic** is the Director of Occupational Health and Safety for Covenant Health. He is certified in environmental health, graduated from the University of Alberta with a Bachelor's of Science in physiology, attained a post graduate degree in Environmental Health and has completed his Masters in Business Administration at the University of Alberta. Steve has worked in health care since 2005, and has experience in Occupational Health and Safety for both the government and private sectors.





## CBI – Where every hour is Happy Hour

Can you imagine an environment where your co-workers not only care about the people whose lives they are improving, but about the lives of the people they work alongside?

Do you want to be able to call on a colleague at anytime during the day for a second opinion or assistance with complex cases and know the door is always open?

At CBI Physical Rehabilitation Centres our staff enjoys coming to “work”, or for us, a second home where fun, energetic and dedicated colleagues meet every day to work towards our common goals. It is also a place of opportunity for those who strive to explore their potential beyond their current area of practice.

We are currently recruiting for the following:

**Physiotherapists** – Edmonton (Experienced PT) and Eldercare, Leduc (Management potential) Lethbridge (Management potential), Medicine Hat, Red Deer, Fort McMurray, Regina, Prince Albert and Saskatoon (Experienced PT)

**Occupational Therapists** – Medicine Hat, Lethbridge, Prince Albert, Edmonton

**Kinesiologists** – Prince Albert, Saskatoon, Calgary, Medicine Hat

**Administrative Assistants** – Red Deer, Calgary, Edmonton

**Vocational Counsellor** – Medicine Hat

Our people make all the difference.  
We employ the very best people, practices and processes.

Please contact Cassandra at [ccey@cbi.ca](mailto:ccey@cbi.ca) to find out how you can join our team and check out detailed postings at [www.cbi.ca](http://www.cbi.ca)

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**CALENDAR OF  
UPCOMING  
EVENTS:**

**SEPTEMBER**  
Informal Networking Event

**NOVEMBER**  
Mentorship

**Welcome New Members!**

We would like to welcome **Terry Qaqish** and **Karmin Hovde** to EHL Edmonton!

Want to become an EHL member? Good news...it's **FREE** to join! Just visit our website at [www.emerginghealthleaders.ca](http://www.emerginghealthleaders.ca), click on "Membership", fill out and email the membership profile form to [ehledmonton@gmail.com](mailto:ehledmonton@gmail.com).

**Thank You to our Sponsors**



**EHL Vision, Mission & Mandate**

**Vision**

To develop emerging health system leaders across Canada.

**Mission**

To provide opportunities to support the development of emerging health leaders through the creation of knowledge exchange net-works, educational events, mentoring relationships, and informed health care and related discussions.

**Mandate**

Through networking and educational events, Emerging Health Leaders provides a forum for open, collaborative and constructive dialogue on timely national health issues. EHL targets new health leaders from a cross section of health employers in the public, private and not-for-profit sector.

**Emerging Health Leaders, Edmonton**

- Co- Chairs: Catriona Gano & Stacy Greening
- Communication Coordinators: Chelsea Soebbing & Gavin Lam
- Membership Coordinator: Chris Carvalho
- Social Media Coordinator: Jennifer Pougnet
- Mentorship Coordinator: Steve Kovacic
- Event Coordinator: Kailey O'Neil

E-mail: [ehledmonton@gmail.com](mailto:ehledmonton@gmail.com)

