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## EHL Halifax Holiday Recovery Event

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We are pleased to announce that our next EHL Event will be a "Holiday Recovery" Social Event. Come out to chat and network with fellow EHL colleagues early in 2009!

### Details:

**Date:** Thursday, January 15, 2009

**Time:** 5:30 PM – 7:30 PM; Networking Event

**Where:** The Carleton, 1685 Argyle Street, Halifax

The intent is to have a sit down meal, refreshments, and a great time. **You must RSVP to this event by Monday, January 12, 2009** as we have to inform The Carleton of numbers.

Send RSVP to [EHLHalifax@gmail.com](mailto:EHLHalifax@gmail.com) Hope to see you there!

### EHL Website

Don't forget to periodically visit the EHL website where you can view upcoming events in Halifax and across Canada, news, job opportunities and much more.

<http://www.emerginghealthleaders.ca/>

For Job Opportunities in Halifax Visit:

<http://www.emerginghealthleaders.ca/resources/jobops.php>

For Some Interesting Articles Visit:

<http://www.emerginghealthleaders.ca/resources/index.php>

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## EHL November 26 Leadership Development Event Highlights

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On November 26 Kathy MacNeil (VP, People, Capital Health) and Steve Ashton (VP, People and Organization Development, IWK) joined members of EHL Halifax for an intimate and interactive discussion surrounding their "journeys as leaders". Here are some key messages from the night:

### Believe in Others:

- Trust in peoples' capabilities. All the solutions already lie within people.
- Listen to people; they have important messages beneath their surface reactions.
- Identify the strengths in people around you and help build their capacity.

### Seize the Moment:

- Take opportunities as they arise, even if they're not what you think you want or need (e.g. accept a 3 month term position).
- Take initiative in the areas of caring, being, and doing.
- Dealing with conflict and challenge can teach many lessons (e.g. disciplinary action, hearings, etc).

### Take Risks & Be Engaged in Your Work:

- Take innovative and calculated risks (make sure you have something to fall back on).
- Demonstrate integrity by rolling up your sleeves and getting things done. People notice the small things leaders say and do.
- Find out what your organization wants (i.e. mission, vision, values) and align yourself with it.

### Building Relationships at Every Opportunity:

- Relationships are more important than anything else. Health care is an organism, not a machine. It's all about people. If we strive to create environments in which people thrive, we will create better and more sustainable health care.
- Identify mentors throughout your journey. Reach out to leaders and tap into their knowledge. Make an effort to be in their presence. Chase them down!
- Surround yourself with good people and talented teams.

### Don't Forget Your Life Outside of Work:

- Never give up your hobbies or passions. Make time to keep them a part of your life. They make you more interesting as a leader!
- Get involved – volunteer with your professional body, community group, local, provincial, or national associations.