

EHL New National Co-Chairs

In January 2011, Emerging Health Leaders (EHL) marked a significant milestone – the network entered into its fifth year of operations. In this time, EHL has grown from a small gathering of new health leaders in Ottawa to a national network with representation and members in six cities across Canada.

Following nearly five years as National Co-Chairs, Adrienne Hagen Lyster and Emily Gruenwoldt will be stepping down from their formal roles with the network in September 2011.

Emerging Health Leaders is proud to announce that Jocelyn Chisamore and Joanne Shum will assume the positions of National Co-Chairs for EHL effective September 2011.

Jocelyn Chisamore is the current Co-Chair of EHL Ottawa – a position she has held for two and a half years. In this role, Jocelyn has forged partnerships with several local and national health organizations to provide opportunities for local members.

Joanne Shum is the current Co-Chair of EHL Vancouver. Joanne has been a member of EHL since it launched in Vancouver in 2008, and has co-chaired the node since 2009.

Emerging Health Leaders is confident that the passion and commitment of Jocelyn and Joanne to professional development of the next generation of health system leaders will translate to a more robust EHL and further increase the visibility to the issue of capacity building in the Canadian healthcare system.

Please join us in welcoming Jocelyn and Joanne to their new roles! To contact them, please email co-chairs@emerginghealthleaders.ca

*Adrienne Hagen Lyster & Emily Gruenwoldt,
Founders and National Co-Chairs EHL*

Inside this issue:

EHL Ottawa Exec Update	2
Other Upcoming Events and Opportunities	3
Mentorship	4
Contact Us	5

EHL Member Updates

EHL Ottawa Co-Chair goes National!!!

EHL Ottawa is pleased to congratulate Jocelyn Chismore, current Co-Chair of EHL Ottawa, on her recent promotion to National EHL Co-Chair.

Jocelyn has been Co-Chair of EHL Ottawa for nearly three years. During this time, she has helped launch a successful mentorship program and is currently forging partnerships with the University of Ottawa and the Canadian College of Health Leaders.

EHL Ottawa wishes Jocelyn all the best in her new role— you will be missed!



EHL Ottawa announces new Executive Members!

EHL Ottawa is pleased to welcome Don Wildfong as new Co-Chair.

Don graduated from the Bachelor of Nursing Science program from Queens University in 2006 and completed the Master of Science at McMaster University in 2009. During this time, Don also completed a graduate diploma in Health Services and Policy Research with the Ontario Training Centre. Don currently works as nurse advisor in the policy and leadership division of the Canadian Nurses Association where his primary focus is on health systems policy.

EHL Ottawa is pleased to welcome Valerie Audette who will be joining us in the role of Events Co-ordinator.

Valerie is currently enrolled in the Masters of Health Administration program at the University of Ottawa. She also works as a Registered Nurse in the Trauma Unit at the Ottawa Civic Hospital, where she has for the last 3 years. She has previous experience working in the Cardiac Surgical Intensive Care Unit, at Roger's House, and as a research assistant at the Heart Institute. Valerie is currently a member on CHEO's Volunteer Association Board of Directors where she helps organize special events for the Board and the volunteers for the hospital.

Please join us in welcoming both our new members!

If you are interested in getting involved with EHL Ottawa, please contact us at EHLottawa@emerginghealthleaders.ca

Upcoming events...

HEALTH CARE IN CANADA: TIME TO REBUILD MEDICARE

Join in a conversation with some of Canada's leading health care professionals to discuss health issues that affect us all.

MORE PANEILLISTS TO BE ANNOUNCED SOON



MODERATOR
KEN MACQUEEN
Vancouver Boarder Chief,
Maclean's



SPEAKER
DR. JEFF TURNBULL
President, CMA



PANEILLIST
NADINE HENNINGSEN
Executive Director, Canadian
Home Care Association
and President, Canadian
Caregiver Coalition



PANEILLIST
JOHN GEDDES
Ottawa Boarder Chief,
Maclean's



PANEILLIST
IRWIN ELMAN
Provincial Advocate
for Children and Youth,
Ontario

JUNE 7
2011

OTTAWA, ON
HOSTED AT
THE NATIONAL GALLERY OF CANADA
7:00 – 9:00 P.M. EDT

COMPLIMENTARY TICKETS

TO RSVP OR FOR MORE INFORMATION ABOUT THE SERIES, VISIT:
WWW.MACLEANS.CA/HEALTHSERIES

IN CONVERSATION WITH
MACLEAN'S

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www.healthcarecanada.ca

Broadcast Partner:

Created by CPAC for Canadians
Available on the CPAC website www.cpac.ca

 **ROGERS**

HEALTH CARE IN CANADA: TIME TO RE-BUILD MEDICARE

Maclean's and CMA Panel Conversation to weigh level of reform needed

Join us in a conversation about the future of the health care system and health issues

Tuesday, June 7, 2011 from 7 pm–9 pm

National Gallery of Canada, Ottawa, ON

For full details please visit:

<http://www2.macleans.ca/in-conversation-with-macleans-health-series/>

Other Opportunities....

CCHL EASTERN ONTARIO CHAPTER EXECUTIVE COMMITTEE CALL FOR NOMINATIONS

The Eastern Ontario Chapter of the Canadian College of Health Leaders (CCHL) is currently seeking nominations for five vacancies on its Executive Committee.

DEADLINE for Submissions has been EXTENDED to June 6, 2011

If you would like to nominate yourself or a peer, please complete the following form at http://www.cchl-ccls.ca/assets/eoc/EOC_NominationsForm2011.doc



**CANADIAN COLLEGE OF
HEALTH LEADERS**
**COLLÈGE CANADIEN DES
LEADERS EN SANTÉ**

Mentorship Reference

The following is an overview of the themes addressed in the Harvard Business Review article “Demystifying Mentorship” by Amy Gallo.

Demystifying Mentorship

In Demystifying Mentorship, Gallo debunks the traditional model of mentorship – one that takes the view of an experienced, older expert (the mentor) providing one-way career insights and guidance to a less experienced, younger upstart (the mentee). She also offers guidance on the dos and don'ts of mentoring and reminds us that in today's fast-paced career environment, the key is to find the right kind of advice from the right person at the right time.

Mentorship Myths

Myth #1: You have to find one perfect mentor

Those starting out in the workforce can expect to have many career changes and challenges ahead. Enter: the idea of the “developmental network.” Rather than a single mentor, ready yourself career-wise by tapping into a network of trusted people and perspectives.

Myth #2: Mentoring is a formal long-term relationship

If you think of mentoring as something you access when you need, it may be more like Twitter than a psychotherapy session – one minute or one hour maybe enough to set you in the right direction. Granted, at its heart, mentorship is about relationships, so whatever the approach, it has to be one that makes sense for you and your mentor(s).

Myth #3: Mentoring is for junior people

Making a career change, taking on a new role, or contemplating leaving a job can happen to anyone. When it does, getting advice from someone who has been there helps. That someone may be junior or senior to you – what matters is that you trust them and they have your best interest at heart. In today's career world, expect to see more reverse mentoring too – when a junior person advises a senior person on things like new technology.

Myth #4: Mentoring is something more experienced people do out of the goodness of their hearts

Mentoring is a two-way street and for a mentoring relationship to thrive there must be value for all involved. As a mentee, expect to be clear with your prospective advisor what's in it for them.

Principles to Remember

Do:

- Build a cadre of people you can turn to for advice when you need it
- Nurture relationships with people whose perspectives you respect
- Think of mentoring as both a long-term and short-term arrangement

Don't:

- Assume that because you are successful or experienced in your field that you don't need a mentor
- Rely on one person to help guide you in your career
- Expect to receive mentoring without providing anything in return

Read more on “Demystifying Mentorship” by Amy Gallo on Harvard Business Review. For more information about EHL Ottawa Mentorship visit

www.emerginghealthleaders.ca/mentorship or email mentorship@emerginghealthleaders.ca.



About Emerging Health Leaders

A founding principle of Emerging Health Leaders is to support the development of health leaders through knowledge exchange networks. We hope that this newsletter, our website and the events organized throughout the year will facilitate communications between Emerging Health Leaders in Ottawa, health partners and our sponsors and across the country.



For more information, please visit us at:

www.emerginghealthleaders.ca

JOBS, JOBS, JOBS!

Several open competitions across Canada are frequently posted on the EHL website.

Visit www.emerginghealthleaders.ca/resources/jobops.php to view the latest job opportunities.

We would love to hear from you....

Are you interested in submitting an article to the EHL Ottawa Newsletter? Being featured in "A Day in the Life of..."? Providing feedback on past events? Promoting upcoming events? Suggesting new ideas for future events?

Please let us know!



Contact us:

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